



BRUNEI INDONESIA MALAYSIA P.N.E. PAPUA NEW GUINEA TERRITORY - EAST ASIAN GROWTH AREA
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بروني دارالسلام

10TH BIMPNT-EAGA FRIENDSHIP GAMES 2018

BRUNEI DARUSSALAM

7 - 9 DECEMBER 2018



ATHLETICS

Technical Handbook

COMPETITION RULES – TRACK & FIELD (MEN & WOMEN)

1. GENERAL RULES

- 1.1. The competition will be conducted according to Brunei Darussalam Athletics Federation (BDAF) and International Association of Athletics Federations (IAAF) Competitions Rules & Regulations.
- 1.2. The athletics competition shall be held in accordance with the current IAAF Rules. In the case of disagreements over the interpretation of the Rules, the English text shall prevail.
- 1.3. Any unforeseen cases not covered by the Rules and Regulations shall be resolved as follows:
 - 1.3.1. Any General issues will be resolved in accordance with the BIMPNT-EAGA Charter and Rules.
 - 1.3.2. Any Technical issues will be resolved based on Brunei Darussalam Athletics Federation (BDAF) and International Association of Athletics Federations (IAAF) Rules & Regulations.
- 1.4. Any decisions made by the Athletics Technical Committee (Track & Field) and BIMPNT-EAGA Brunei Darussalam 2018 Committee are **FINAL**.

2. COMPETITION DATES

- 2.1 8th & 9th December 2018

3. COMPETITION VENUE

- 3.1. **Hassanal Bolkiah National Stadium**
The Complex has 8 straight lanes and 8 oval lanes with facilities for all Standard Athletics Events.
- 3.2. **Warm up Area**
The warm up area will be used outside the complex and inside the hall just next to the call room 1.
- 3.3. **Training Area**
 - Tutong Sport Complex
 - Balapan & Padang, Hassanal Bolkiah Sports Complex.

4. PARTICIPATION

- 4.1. Entry is Open to Malaysia (Sabah, Sarawak & W.P.Labuan, Indonesia, Philippines and Northern Territory.
- 4.2. Each Contingent may only register one (1) team for Men and Women.

5. ELIGIBILITY

5.1. U21 athletes

Athletes aged maximum 21 years old on date of competition (7th December 2018) may compete in any event. Born on or after 7th December 1997.

5.2. Athletes Younger than 16 Years Old (IAAF Rules 303.2.3)

No Athletes younger than 16 years of Age on 31st December in the year of the competition may be entered. Team Leader must present Athletes Passport upon arrival, or other official documents indicating the year of birth, to confirm ages in order for them to be photocopied by the Organizer.

6. Individual Events:

- 6.1. Each contingent/team may enter two (2) competitors for each Individual event. 2 + 1 excluding relays (2 field + 1 track or 2 track + 1 field). However, the Hosting Country may enter three (3) competitors for each individual event.

7. Team Events:

- 7.1. Each participating Teams may enter one (1) team for each relay event.
- 7.2. Any four (4) athletes from among have entered the competition, only two (2) additional athletes may take part in subsequent rounds as substitutes. Substitutes may only be taken from the list of athletes entered for the athletic competition and running order must be officially declared 2 hours before the start of each round of the competition.

8. ENTRIES

8.1. Preliminary Entry (by number)

The Preliminary entry Forms for all teams must be received by the Organizing Committee no later than 6th September 2018.

8.2. Final Entry (by names)

The Final Entry Forms for all teams must be received by the organizing

Committee no later than 7th November 2018 at 1700 hours Brunei Time (GMT+8). After the Final Entry deadline, any addition or change of events between the athletes already entered in the team before the deadline will not be allowed.

8.3. Final Confirmation

Official representatives of each country must submit Final Confirmation of Entries at the Technical Meeting.

Date: 6 Dec 2018

Time: 2.30pm

Venue: Jury Room, Hassanal Bolkihah National Stadium, Berakas

9. EVENTS

The competition will consist of the following events:

NO	EVENTS FOR MEN (10)	EVENTS FOR WOMEN (10)
1	100M	100M
2	200M	200M
3	400M	400M
4	800M	800M
5	1 500M	1 500M
6	SHOT PUT	SHOT PUT
7	DISCUSS	DISCUSS
8	LONG JUMP	LONG JUMP
9	4X100M	4X100M
10	4X400M	4X400M

10. CALL ROOM REPORTING TIMES

The time limit for athletes to report to the call room before each event is as follows:

Events	Call Room 1		At Competition Site
	1 st call	Close	
Track Events	45	35	10
Long Jump	65	55	30
Throwing Events	65	55	30
Relays	50	40	15

All times are prior to the actual starting time of the event.

11. IMPLEMENTS AND EQUIPMENTS

11.1. All implements and equipment, provided for the competitions, training and warming up shall conform to IAAF Rules. No personal implements may be used for competition. If any athlete wants to use any other brand of IAAF approved implements other than those provided by the Organizing Committee, he/she should pass the implement to the Technical Manager at least one day before the competition for checking purposes. If approved, such implements will be included in the general pool of implements and it would be available for use by any other competitor who wants to use it.

IMPLEMENT	WOMEN	MEN
SHOT PUT	4.000kg	6.000kg
DISCUSS	1.000kg	1.750kg

12. MEDICAL CONTROL

12.1. Doping Control

Doping Control tests will be carried out in accordance with the IAAF Rules.

13. MANAGEMENT INFORMATION

13.1. Technical Officials

Technical Official provided by Brunei Darussalam Athletics Federation are qualified.

13.2. Competition Area

Only the technical officials and competitors in their respective events will be allowed to enter the competition area.

13.3. Protest and Appeals

Protests and Appeals will be resolved according to the IAAF Rule 146. A fee of BND 200.00, will accompany each Appeal.

14. OUTFIT/UNIFORMS

14.1. Competitors in the athletics competition must wear the official uniform clothing approved by their national governing body. No advertising may be displayed on any article of clothing or equipment in the competition area, in accordance with IAAF Rules & Regulations.

14.2. All athletes of a team should wear the same color competition uniform and approved by their National Governing Body in accordance with IAAF

Rules and Regulations

- 14.3. Athletes must wear their bibs on the front and back of their vests. Athlete bibs must be fixed to the vest all along the edge and must not be folded in any way. In the track events athletes must also wear numbers of lane fixed to right sides of their shorts.

15. COMMENDATION

15.1. Victory Ceremonies

Victory Ceremonies will be held in accordance with the BIMPNT-EAGA Charter and Rules, to honour the individual and team achievements of the winning athletes. Winning athletes must wear their official team uniform.

TENTATIVE SCHEDULE

DAY 1 - Morning Session (8th Dec 2018)

EVENT NO	EVENT	CATEGORY	ROUND	TIME
101	Shot Put	Women	Final	8:30 am
102	Discuss	Men	Final	8:30 am
103	100m	Women	Semi Final 1	8:30 am
104	100m	Women	Semi Final 2	8:35 am
105	100m	Men	Semi Final 1	8:40 am
106	100m	Men	Semi Final 2	8:45 am
107	400m	Women	Semi Final 1	8:50 am
108	400m	Women	Semi Final 2	9:00 am
109	400m	Men	Semi Final 1	9:10 am
110	400m	Men	Semi Final 2	9:20 am

DAY 1 - Afternoon Session (8th Dec 2018)

EVENT NO	EVENT	CATEGORY	ROUND	TIME
111	Shot Put	Men	Final	2:00 pm
112	Discuss	Women	Final	2:00 pm
113	100m	Women	Final	2:00 pm
114	100m	Men	Final	2:05 pm
115	400m	Women	Final	2:10 pm
116	400m	Men	Final	2:20 pm
117	1500m	Women	Final	2:30 pm

TENTATIVE SCHEDULE

DAY 2 - Morning Session (9th Dec 2018)

EVENT NO	EVENT	CATEGORY	ROUND	TIME
201	Long Jump	Women	Final	8:00 am
202	200m	Women	Semi Final 1	8:00 am
203	200m	Women	Semi Final 2	8:10 am
204	200m	Men	Semi Final 1	8:20 am
205	200m	Men	Semi Final 2	8:30 am
206	800m	Women	Final	8:40 am
207	800m	Men	Final	9:00 am

DAY 2 - Afternoon Session (9th Dec 2018)

EVENT NO	EVENT	CATEGORY	ROUND	TIME
208	Long Jump	Men	Final	2:00 pm
209	200m	Women	Final	2:00 pm
210	200m	Men	Final	2:10 pm
211	1500m	Men	Final	2:20 pm
212	4x100m	Women	Final	2:35 pm
213	4x100m	Men	Final	2:45 pm
214	4x400m	Women	Final	3:00 pm
215	4x400m	Men	Final	3:15 pm



ATHLETICS



AQUATICS



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LAWN BOWLS



SEPAK TAKRAW



PENCAK SILAT



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