



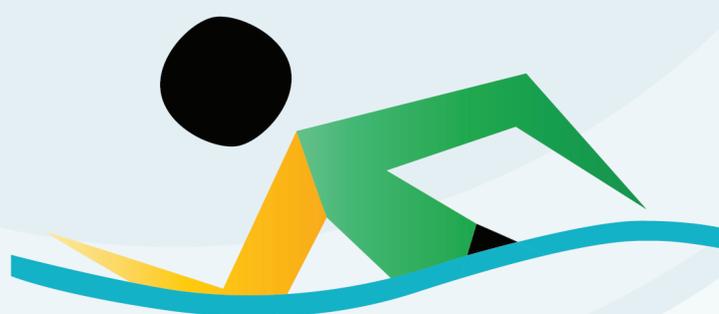
BRUNEI DARUSSALAM MALAYSIA P.N.E. PAPUA NEW GUINEA PHILIPPINES NORTH Borneo TERRITORY - EAST ASIAN GROWTH AREA
سوكن فرصا بين بيم فن ت - اياك ك - ٢٠١٨، ١٠

بروني دارالسلام

10TH BIMPNT-EAGA FRIENDSHIP GAMES 2018

BRUNEI DARUSSALAM

7 - 9 DECEMBER 2018



AQUATICS

Technical Handbook

Important Dates

<i>Submission Items</i>	<i>Dates</i>
Entry by Numbers	6th September 2018
Entry by Names	7th November 2018
Team Manager Meeting	5th December 2018
10th BIMPNT-EAGA Friendship Games Swimming	7th – 8th December 2018

Please send all queries and application forms to:

(10thbimpeaga.2018@gmail.com)

- **NAME OF CHAMPIONSHIPS**

10th BIMPNT-EAGA Friendship Games, Swimming

- 1. DATE**

Friday, 7th December 2018 to Saturday, 8th December 2018

- 2. VENUE**

Hassanal Bolkiah National Sports Complex Swimming Pool
Jalan Berakas, Kg Pulaie BB 4313, Brunei Darussalam

- 3. ORGANISER**

The Department of Youth and Sports in the Ministry of Culture, Youth and Sports with the co-operation and support from the Brunei Amateur Swimming Association (BASA).

- 4. CHAMPIONSHIPS RULES**

4.1. The Championships shall be conducted under the Rules and By-laws of FINA as prescribed in the Handbook of FINA (2017 – 2019)

4.2. One-start rule applies.

4.3. Only FINA approved swimwear will be accommodated / all swimmers must wear FINA approved swimwear. The list of approved swimsuits can be viewed at <http://www.fina.org/content/fina-approved-swimwear>

4.4. Swimmers will not compete with medical taping, strapping or external medical fixtures of any kind.

- 5. ELIGIBILITY**

Open to all BIMPNT-EAGA countries. Swimmers must be the citizens and registered residents of their respective National Swimming Federations / Associations of the respective BIMPNT-EAGA Countries.

- 6. AGE OF RECKONING**

Maximum 21 years old on date of competition (7th December 2018). Born on or after 7th December 1997.

7. LIST OF EVENTS

Individual Events:

Freestyle: 50m; 100m; 200m

Backstroke: 50m; 100m; 200m

Breaststroke: 50m; 100m; 200m

Butterfly: 50m; 100m; 200m

Individual Medley: 200m

Relays Events:

4 x 50m Freestyle relay

4 x 100m Freestyle relay

4 x 50m Medley relay

8. EVENTS SCHEDULE

FRIDAY 7-Dec-18 DAY 1		
Men	Event	Women
101	200m Freestyle	101
102	100m Backstroke	103
104	50m Breast	105
106	100m Butterfly	107
108	50m Freestyle	109
110	50m Backstroke	111
112	200m Breaststroke	113
114	4 x 50m Freestyle relay	115

Saturday 8-Dec-18 Day 2		
Men	Event	Women
201	200m Butterfly	201
202	100m Freestyle	203
204	100m Breaststroke	205
206	200m Backstroke	207
208	50m Butterfly	209
210	200m Individual Medley	211
212	4 x 50m Medley relay	213
214	4 x 100m Freestyle relay	215

9. CANCELLATION OF EVENTS

- 9.1. There shall be a minimum of 3 entries in each individual or relay events.
- 9.2. The events shall be cancelled if entries received on the closing date (7th November 2018) are below the minimum number.
- 9.3. Participating teams that are affected by the cancellation shall be informed and given three (3) days to re-submit alternate entries.

10. ENTRIES RESTRICTIONS

- 10.1. Individual events: only 2 entries per country per individual event.
- 10.2. Team events: only 1 entry per country per team event.
- 10.3. No limit to the number of events per swimmer.
- 10.4. It is mandatory for swimmer's entries to be accompanied with passport number and all information have to be completed. Incomplete / erroneous entries will be rejected.

11. ENTRY FORMS

- 11.1. Participating teams are encouraged to submit using the Hy-Tek Team Manager database file. However, manual official entry forms are also provided.
- 11.2. Entry forms include: Entry by Event Form: entry of events the swimmer will be participating in.

12. RACES

- 12.1. All races shall be timed-finals of the same gender.
- 12.2. Swimmers will be seeded according to times submitted. Otherwise, they will be registered as "NT" (No Time).
- 12.3. Swimmers entered with NT shall be randomly assigned lanes by the computer.
- 12.4. Competitors shall be placed in graduated time order, slowest to fastest, and shall be allocated lanes via the spearhead principle from the submitted entry times.

13. RELAYS

- 13.1. The starting order of the swimmers shall be decided by each team.
- 13.2. Order of relay team members must be submitted latest 1 (one) hour before the start of each event session.

14. CLOSING DATE OF ENTRIES

The closing date for entries by names is **Wednesday, 7th November 2018**.
Please send your entries to:-

Email : 10thbimpeaga.2018@gmail.com

15. JURY OF APPEAL

- 15.1. One (1) Chairman (host country).
- 15.2. Each country is to nominate a team official in their team list as the Jury of Appeal.
- 15.3. Three (3) members to be appointed from members of BIMPNT-EAGA countries.

16. PROTESTS

- 16.1. Protests are possible:
 - 16.1.1. If the rules and regulations for the conduct of the competition are not observed;
 - 16.1.2. If other conditions endanger the competition and / or competitors;
 - 16.1.3. Against decisions of the referee; however, no protest shall be made about decision of fact.
- 16.2. All protests must be in writing on the official Protest form, and submitted by the Team Manager to the Referee (No proxies will be entertained).
- 16.3. Protests must be received by the Referee no later than thirty (30) minutes after the official results are announced, together with a deposit of BND 200.00 attached.
- 16.4. All protests will be considered by the Referee.
- 16.5. If the Referee rejects the protest, he must state the reasons for his decision. The Team Manager may then appeal the rejection to the Jury of Appeal, whose decision shall be final.
- 16.6. If the protest is rejected, the deposit shall be forfeited to the Organizing Committee of the Championships. If the protest is upheld, the deposit shall be returned.

17. WITHDRAWALS & NO SHOWS

- 17.1. Withdrawals may be done during the Team Managers' Meeting.
- 17.2. An administrative fee of BND 20.00 shall be imposed for each withdrawal after the Team Managers' Meeting.
- 17.3. Team Managers must present withdrawals to the Championship Referee one (1) hour prior to the start of the championship start time of the day.
- 17.4. A penalty fee of BND 40.00 shall be imposed for no shows.
- 17.5. The administrative fee and penalty fee shall be waived if the swimmer produces a valid medical certification for the relevant day of the race. However, the swimmer will not be permitted to participate in any further races for the day.

18. ACCREDITATION

- 18.1. To provide better control over the traffic flow around the venue, all swimmers and designated officials shall be issued accreditation cards.
- 18.2. Access to the competition pool deck and marshaling area will be restricted to officials/swimmers with approved accreditation cards.

19. WARM UP GUIDELINES

- 19.1. The competition pool will be available for warm up at 7.00am in the mornings and 12.30pm in the afternoon sessions (except on Friday) respectively. The competition pool will close 20 minutes prior to competition commences each session. Morning session will start at 9.00am and afternoon session at 2.00pm (except Friday). Friday's afternoon session will commence at 3.00pm.
- 19.2. Exception: Friday afternoon: The competition pool will be available for warm up only at 2pm.
- 19.3. The use of swim paddles is prohibited during warm up in the competition pool.
- 19.4. Lane 0 and Lane 9 are for sprinting only. The sprinting lanes (Lane 0 and Lane 9) are one-way only – swimmers should clear the lanes immediately and walk back. Swimmers are advised to exercise caution when executing backstroke starts.
- 19.5. Lane 1 to lane 8 will be for **CIRCLE SWIM ONLY**, with feet first entry at all times. Dive starts are strictly prohibited.
- 19.6. Swimmers, Coaches and Team Official **ONLY** will be allowed on the Competition Pool Deck during warm up sessions.
- 19.7. In order to ensure a smooth Swimming Competition, the Pool Deck (during competition) is **strictly out of bounds to ALL** except Technical Officials on Duty, Swimming Competition Organisation Committee, Appointed Volunteers and Authorised Media Coverage Personal.

20. MEDALS AND TROPHIES

Medals: Gold, Silver & Bronze will be awarded to the Top 3 winners. Gold for the 1st position; Silver for the 2nd position and Bronze for the 3rd position.

21. MEDAL PRESENTATION

Medalists must be properly attired in either tracksuit or t-shirts and shorts during the medal presentations.

22. TEAM MANAGERS' & COACHES' MEETING

22.1. Team Managers' meeting will be held on **Wednesday 5th December 2018** at the Hassanal Bolkiah National Sports Complex Swimming Pool conference room, at 1700 hours (to be confirmed).

22.2. **No amendments or new entries will be accepted** at the Team Managers' & Coaches' meeting.



ATHLETICS



AQUATICS



KARATEDO



LAWN BOWLS



SEPAK TAKRAW



PENCAK SILAT



TAEKWONDO



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